



## Seasonal Availability

Certified Organic

*Farm. Fresh. Flavour.*

MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MARCH	APRIL
Asparagus											
		Beets									
Carrots											
					Celeriac						
		Garlic Scapes									
		Garlic									
					Jerusalem Artichokes						
				Kale							
	Leafy Greens										
				Onions							
				Parsnips							
				Parsley Root							
		Potatoes									
				Rutabaga							
				Winter Radish							
Microgreens											
Mushrooms											
			Onions								
				Winter Squash							
	Summer Veggies*										
		Tomatoes									
				Winter Turnips							

\*Varies year-to-year and will be available for pickup. Ask during the growing season (June-Sept) what we've got available!